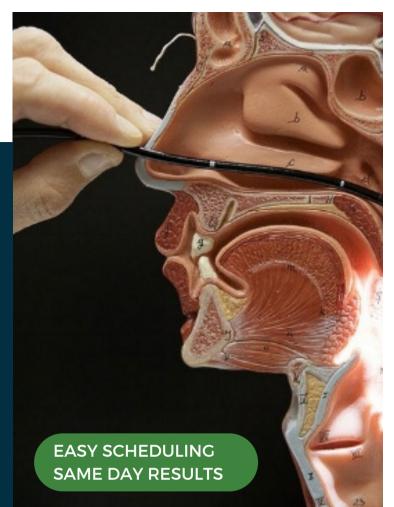


## FIBEROPTIC ENDOSCOPIC EVALUATION OF THE SWALLOW

FEES is an instrumental procedure used to evaluate swallowing function. It requires the use of a flexible laryngoscope that is passed transnasally and positioned to view the base of tongue, pharynx, and larynx before/during/after the swallow.





### **BOOK TODAY!**

- 01 Obtain Physician's Order
- Complete Intake Form
- 63 Email to admin@sastclinic.com

## WHY FEES?

EASILY TOLERATED COST-EFFECTIVE NO RADIATION OR BARIUM CAN BE COMPLETED AT THE BEDSIDE DETERMINES SILENT ASPIRATION ELIMINATES COSTLY MEDICAL TRANSPORTATION IMPROVES ACCURACY FOR DIET MODIFICATIONS VISUALIZE VOCAL FOLD FUNCTION & TISSUES NO TIME LIMIT = CAN ASSESS FATIGUE EVIDENCE-BASED

With over 15 years of experience, Misty Nall is certified not only in FEES, but also MDTP, LSVT LOUD, Vital Stim, and Myofascial Release. Additionally, she comes with expertise in treatment of speech/swallowing disorders for neuro populations, critical illness myopathy with trach/vent, and head/neck cancer.

So not only do you get the right diagnosis, you get EXPERT recommendations on treatment, so your facility and therapy team can maximize patient satisfaction and outcomes.

THE SAST DIFFERENCE

Misty Nall MS CCC-SLP Owner & Certified Clinician







# DIAGNOSTIC IMAGING FOR DYSPHAGIA SERVING SOUTHEAST TEXAS

SPEECH AND SWALLOWING **THERAPY, PLLC** 

PROVIDE YOUR PATIENT WITH AN EVIDENCE-BASED, COST EFFECTIVE, LIVE VIDEO, THAT IS A GOLD STANDARD IN SWALLOWING DIAGNOSTICS.

# **WHY VIDEO IMAGING?**

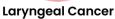
- crucial for accurate identification of aspiration, especially silent aspiration, as well as other swallow structure anomalies.
- provides critical information to the treating SLP and physician.
- The research is clear, bedside assessments alone accurately diagnoses swallowing capacity only 60%-75% of the time (even by experienced therapists).
- Inaccurate diagnosis can lead to unnecessary food restrictions, inadequate treatment, and can put individuals at risk for aspiration and choking.

#### SEE THE DIFFERENCE.

FEES ALLOWS FOR A SUPERIOR VIEW THAT CAN CAPTURE TISSUE AND FUNCTION NOT **OTHERWISE SEEN WITH OTHER DIAGNOSTIC SWALLOW TESTS** 



Aspiration





Laryngeal Edema **Vocal Fold Paralysis** 



Nodules/Polyps

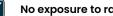
**FEES VS MBSS** 



Swelling, nodules, vocal fold paralysis, strictures, intubation scarring, etc. MBSS is an x-ray that primarily shows bone structures vs soft tissue



Detects silent aspiration, excess secretions and poor secretion management



No exposure to radiation. No swallowing barium.



Less expensive than outpatient video swallow e.g. expensive medical transportation, radiology suite, radiologist costs, barium costs, SLP costs plus other staff/materials needed for x-ray, etc.

Video swallow in the comfort of their own environment, bed, or chair with familiar food items e.g. medically complex, morbidly obese patients or those needing maximum assist for transfer

Resident able to complete entire meal if needed during imaging

MBSS is a snapshot with limited fluro time. Limiting the ability to see fatigue or repeat the procedure often.

SPEECH AND SWALLOWING THERAPY, PLLC \*There are pros & cons to MBSS or FEES. The appropriateness of which test to recommend is on a case-by-case basis. To find out more, contact SAST to find out if your patient is a good candidate.